

Presented on:
July 25, 2019

Prepared by:
Associazione Fonte di Speranza Onlus



Moba-Leinà Rugby project

Lead organisation:

FONTE DI SPERANZA ONLUS ASSOCIATION

Partners:

AMI.MO ONLUS ASSOCIATION

A.S.D. RUGBY LAINATE



THE CONTEXT OF MOBA

12 YEARS OF EXPERIENCE

Fonte di Speranza is already operating in Moba with a medical center, built in 2007 to respond to health deficiencies, as Moba had only one reference hospital, difficult to reach.

In May 2007, Fonte di Speranza, together with the AMI.MO MOBA Association, set up a committee, made up of 23 volunteer members, to organize, manage and coordinate the project. Today the clinic / maternity clinic is mainly aimed at prevention, assistance to pregnancy, the parts in safety and the care of newborns and mothers, but obviously also dispenses care for the most common pathologies..

MOBA

The territory of Moba in the R.D. of the Congo is part of the Diocese of KALEMIE-KIRUNGU, belongs to the province of Katanga, in the East of the Democratic Republic of the Congo, extends over 24,500 km² and is populated by more than 354,700 inhabitants (post-war censuses in 2003). Located in the region of the great lakes of central Africa (on Lake Tanganyika), Moba is an area with **immense natural resources, its agriculture and artisanal fishing are flourishing.**

In Congo, and particularly in the area of Moba, **a continuous massacre is perpetrated,** particularly in the most helpless villages of the Democratic Republic of the Congo (DRC), totally destabilized. The incursions of Islamist groups hit the civilian population indiscriminately. The rebels of the "Allied Democratic Forces" (ADF) run around and beat down local communities, killing and carrying out raids, using rudimentary weapons in the name of religious ideals, poorly concealed behind the real economic reasons linked to the trafficking of diamonds, coltan, copper and appropriation of fertile land. The phenomenon is part of a general picture of **illiteracy, widespread ignorance and extreme poverty.**

THE MOBA-LEINA' PROJECT

With the Moba-Leinà Rugby project, the A.S.D. Rugby Lainate and Fonte di Speranza Onlus set themselves the goal of **supporting and enhancing the growth of Moba's children**, supporting their parents, relatives and coaches, through the practice of rugby. The development of the project is not limited to mere sporting practice, but aims to transfer the distinctive values of this discipline: support, brotherhood and spirit of sacrifice, that sacrifice that does not serve individually, but that leads to the achievement of common goals. We would like to lay the foundations for the growth of rugby by demonstrating that in the life of the children of Moba there is not and there will not be only war and discrimination, but also a different way of living: **sport lays its foundations on the values of equality, brotherhood and respect to build a society that integrates diversity.**

The program is very demanding and at least two annual exchange periods will be carried out to ensure continuity of work and verification of the achievement of objectives.

WHY MINI RUGBY?

Benefits of mini rugby:

It is a sport for children, both boys and girls, from 4 years of age and it is possible to practice it up to 14 years. Children according to age are divided into the following categories: Under 6, Under 8, Under 10, Under 12 and Under 14.

- **MOTOR skills:** development of perception and control of one's body; improvement of coordination and space-time skills; increased strength and endurance;
- **COGNITIVE skills:** development of the ability to act-react promptly; intuitive development, to quickly understand and exploit the existing situation; decision making; development of the ability to perceive and anticipate a game situation;
- **SOCIO-RELATIONAL capacity:** teaches how to respect the rules, an infringement harms not only the individual player, but the whole team; children learn respect for companions and how to relate to others and therefore to collaborate and compete constructively;
- **EMOTIONAL skills:** increase of self-confidence by achieving goals, scoring a goal and being able to perform the proposed motor exercises; development of self-control;
- **TECHNICAL skills:** children learn to pass and receive the ball (taking and receiving), keeping their hands open and close, facing down and defending the ball during the actions; they learn belt and tackle, which occur when one or more players hold a player in possession of the ball.

